

# Activity Planner



Coleg Gŵyr Abertawe  
Gower College Swansea

## MONDAY

BANK HOLIDAY

## TUESDAY

2 Hour Sexual Health 9:00  
Clinic (T) A26  
Islamic Society (G)D3 12:30  
Wellbeing Club(G)F21 12:30  
Chess Club (G) 12:30  
Student Union Drop In 12:30  
(T) D1  
Free Open Gym (T) 10:30  
Sports Centre Gym - 11:15  
Open Hall Session (T) 12 - 1  
Sports Hall

## WEDNESDAY

Games (LYB) 9 - 1  
Chat & Bat (LYB) 9 - 1  
2 Hour Sexual Health 12:00  
Clinic (T) A26  
Pride Coalition (G)E8 12:30  
Student Union Drop In 12:30  
(G) D1  
Catholic Prayer (G) 12:45  
Prayer Room

## THURSDAY

## FRIDAY

Free Open Gym (G) 9 - 10  
N11  
Free Open Gym (G) 11 - 12  
N11  
Podcast Production 13:30  
(G)A26

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nu3 extra

Any questions please Teams Joshua Jordan



# Wellbeing Activities



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## NOTICE

- [Mindfulness Colouring](#)
- [Mindfulness Minutes](#)
- [Mandala Drawing](#)

## LEARN

- [Online library](#)
- [Try a Vegan recipe](#)

## CONNECT

- [Join a Club or Society](#)
- [TogetherAll](#)

## ACTIVE

- [GCS Active YouTube Channel](#)
- [Walk & Cycle Swansea Map](#)

## GIVE

- [Give your time to a friend in need](#)
- [Raise Money for Kenya Project](#)

Click on the links to view

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