

Activity Planner



Coleg Gŵyr Abertawe
Gower College Swansea

MONDAY

Criw Cymraeg(G)A26 12:30
Free Open Gym (G) 12:30
N11
Female Only Gym (T) 14:00
FBL Studio

TUESDAY

2 Hour Sexual Health 9:00
Clinic (T) A26
Islamic Society (G)D3 12:30
Wellbeing Club(G)F21 12:30
Chess Club (G) 12:30
Student Union Drop In 12:30
(T) D1
Free Open Gym (T) 10:30
Sports Centre Gym - 11:15
Open Hall Session (T) 12 - 1
Sports Hall
Female Only Gym 2:00
Session (T) Main Gym -2:45

WEDNESDAY

Games (LYB) 9 - 1
Chat & Bat (LYB) 9 - 1
2 Hour Sexual Health 12:00
Clinic (T) A26
Pride Coalition (G)E8 12:30
Student Union Drop In 12:30
(G) D1
Catholic Prayer (G) 12:45
Prayer Room

THURSDAY

FRIDAY

Free Open Gym (G) 9 - 10
N11
Free Open Gym (G) 11 - 12
N11
Podcast Production 13:00
(G)A26

@GCSActiveWellbeing



Scan here for
more info



Any questions please Teams Joshua Jordan



Wellbeing Activities



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NOTICE

- [Mindfulness Colouring](#)
- [Mindfulness Minutes](#)
- [Mandala Drawing](#)

LEARN

- [Online library](#)
- [Try a Vegan recipe](#)

CONNECT

- [Join a Club or Society](#)
- [TogetherAll](#)

ACTIVE

- [GCS Active YouTube Channel](#)
- [Walk & Cycle Swansea Map](#)

GIVE

- [Give your time to a friend in need](#)
- [Raise Money for Kenya Project](#)

Click on the links to view

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